

## Sports Major - St. Mary's High School

**Courses listed below will count toward your SHSM designation in any Pathway**  
(APPRENTICESHIP, COLLEGE, UNIVERSITY, or WORKPLACE)

### Choose **4** Major Credits related to Sports

*Minimum one Grade 11 & one Grade 12 credit*

*AND two credits from Grade 11 or Grade 12 (one of which can be an additional Co-op Credit)*

#### Major Credits in **Grade 11**

Arts - **Media** (ASM30)  
 Business - **Marketing** (BMI3C)  
 Computer Studies - **Programming** (ICS3C or ICS3U)  
 Guidance - **Leadership & Peer Support** (GPP30)  
 Humanities - **Intro to Anthropology** (HSP3C or HSP3U)  
 Phys. Ed - **Healthy Active Living** (PPL30)  
 Phys. Ed - **Personal Fitness** (PAF30)  
 Science - **Biology** (SBI3C or SBI3U)  
 Science - **Chemistry** (SCH3U)  
 Science - **Physics** (SPH3U)  
 Tech - **Communications Tech** (TGJ3M)

#### Major Credits in **Grade 12**

Communications - **Writer's Craft** (EWC4C or EWC4U)  
 Phys. Ed - **Exercise Science** (PSE4U)  
 Phys. Ed - **Healthy Active Living** (PPL40)  
 Phys. Ed - **Recreation & Fitness** (PLF4C)  
 Science - **Biology** (SBI4U)  
 Science - **Chemistry** (SCH4C or SCH4U)  
 Tech - **Communications Tech** (TGJ4M)

### Choose **1** English Credit

English, Workplace/Apprenticeship (ENG3E or ENG4E)  
 English, College (ENG3C or ENG4C)  
 English, University (ENG3U or ENG4U)

### Choose **1** Math Credit

Math, Workplace/Apprenticeship (MEL3E or MEL4E)  
 Math, College (MBF3C)  
 Math, University (MCF3M or MCR3U or MCV4U or MHF4U or MDM4U)

### Choose **1** Other Credit from the list below (or an additional Co-op Credit)

Religion - **World Religions** (HRF30 or HRT3M)  
 Business - **Entrepreneurship** (BDI3C)  
 Business - **Info & Communications Tech** (BTX4C)  
 Business - **Information Tech in Business** (BTA30)  
 Business - **International Business Fundamentals** (BBB4M)  
 Business - **Intro to Financial Accounting** (BAF3M or BAT4M)  
 Business - **Leadership** (BOG4E or BOH4M)  
 Business - **Marketing** (BMI3C)  
 Humanities - **Challenge & Change in Society** (HSB4U)  
 Humanities - **Intro to Anthropology** (HSP3M)  
 Law - **Canadian Law** (CLU3M or CLN4U)  
 Science - **Biology** (SBI3C or SBI4U)  
 Science - **Chemistry** (SCH3U or SCH4C or SCH4U)  
 Science - **Environment** (SVN3E)  
 Science - **Physics** (SPH3U or SPH4C)  
 Science - **Workplace** (SNC4E)

### Choose a Sports-Focused Cooperative Education Experience (**2** Credits)

Co-op Credits can be Regular Co-op, Summer Co-op, UCEP, or Home Build.  
 Dual Credits (including CCEP, CAPP, and Exploring Construction) MAY count towards your SHSM designation.  
 See Guidance for more information.

**Total number of Credits needed: 9**